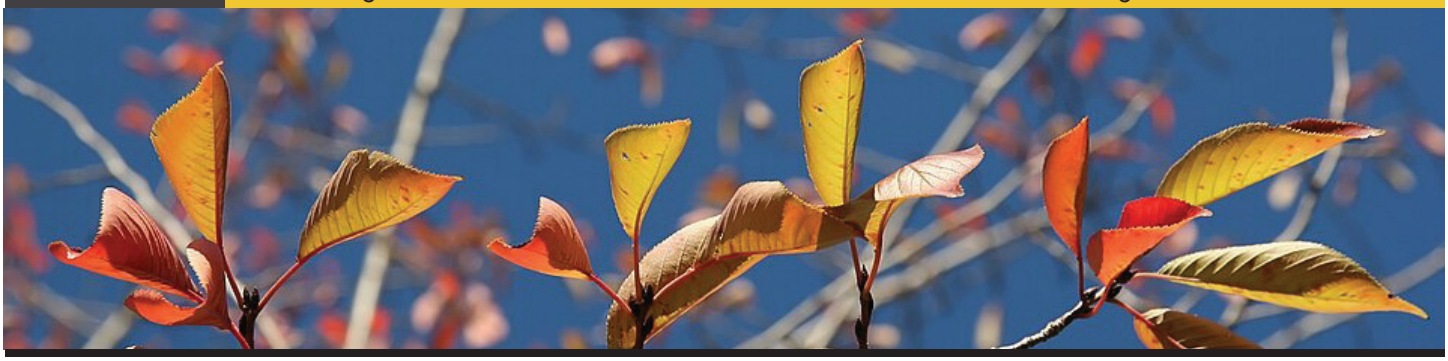
MIDDLERIDGE NEWSLETTER

OCTOBER 2026 | Middleridge Civic Association – *Reaching 578 Homes and Families*



Letter from the Editor:

Autumn Greetings, Middleridge! I hope that all of neighbors are enjoying the cooler weather and looking forward to all of the great activities that this season holds for this community: the **Home and Garden Tour**, the **Fall Yard Sale**, **Dumpster and Donation Day**, **Feed the First Responders**, **Movie Night**, the **Halloween Decorating Contest**, and wrapping up with the **Halloween Parade and Party**.

Each of these events reminds us of the strength of this community and the volunteers that hold these events together. With that in mind, let us thank those who have stepped up: **Mary Vander Maten**, **Mary Gonzales**, **Brahma Koodallur**, **Karrie Kay**, **John Bayer**, and **Maryn Simon** with the support all of our amazing board members.

We also need to thank those who have served our community even as they step back: **Greg and Jessica Summer** for all of their assistance with membership applications and the annual directory. Their decision to step back gives another community member the opportunity to step up, and we hope that you will consider serving. We are also in need of volunteers to support annual events like the Home and Garden Tour and to help spread the word by updating our website.

Thank you for your attention,
Kati Engel, MCA Newsletter and Website Editor

Middleridge Home and Garden Tour was a success!

Thank you, Middleridge! We had a wonderful Home Tour on 9/19, thanks to four gracious hosts (the Minus, Horwatt, Amatucci, and Sayed families) and the many MCA visitors who came to admire, and maybe to store memories for a future home project.

Did you enjoy the Home Tour? Would YOU like to plan the Home and Garden Tour next year? It's a great MCA event that needs a volunteer; contact me for information.

Mary Vander Maten
703-371-9349
mavandermaten@gmail.com

UPCOMING EVENTS + CALENDAR

October 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				01	02	03 7 AM Fall Yard Sale
04 Fairfax Tree Rescuers	05	06	07	08 7 PM Board Meeting	09	10 7:30PM MCA/FCE" Movie Night
11	12 FCPS Student Holiday	13	14	15	16	17 8 AM Dumpster/ Donate Day
18	19	20	21	22	23	24 MCA/FCE Halloween Parade
25 Halloween Decorating Contest Judging	26	27	28	29	30	31

UPCOMING MCA EVENTS OCTOBER

3 Fall Yard Sale

8 MCA Board Meeting

9 Feed the First Responders

10 Movie Night

17 Dumpster/Donate Day

24 Halloween Parade and Party!!

25 Decorating Contest

BOARD MEETING HIGHLIGHTS

MCA BOARD MEETING MINUTES IN A MINUTE

The Board met on September 10, 2026, via Zoom and approved the August minutes, reviewed a detailed Treasurer's report showing 346 members, under-budget National Night Out spending, and current reserve balances, and received committee updates on membership, website operations, and event planning.

The Board decided a bi-monthly meeting schedule is not workable, continued searching for an October 8 in-person venue, tabled discussion on automatic membership payments pending more information, and noted ongoing needs for succession planning in grounds and lighting. Event updates covered the Home & Garden Tour, Feed Our First Responders, Fall Yard Sale and Dumpster Day, Movie Night preparations, and the search for a lead for the Halloween events and Membership Drive. New business included a report of downed trees on county parkland near Marie Morris's property. The meeting adjourned at 7:46 PM.

CALL FOR VOLUNTEERS: A volunteer is needed to maintain the Community Entrance Signs at Paynes Church and Middlegate. Please reach out to board@middleridgeffx.org if you are interested.

ANNOUNCEMENTS & NOTES

What's Happening This Month:

- Remember that the **October 8th** meeting this month is open to **all** members and the Zoom link has been shared via e-mail.
- The **Fairfax PRISM Tree Rescuers** will be hosting an event in Middleridge Park on **Sunday, October 4th**. Please join us to learn how to identify the non native invasive vines that are killing our trees and the native vines that are beneficial for wildlife (and don't kill the trees). If you miss this event, please consider planting native species in your yard.
- **Please consider joining and/or volunteeering with MCA in 2027!! Membership drive starting now!**

MCA

Feed the First Responders:

The Burke Volunteer Fire & Rescue Dept.

BURKE FAIRFAX CO. 14 FIRE & RESCUE

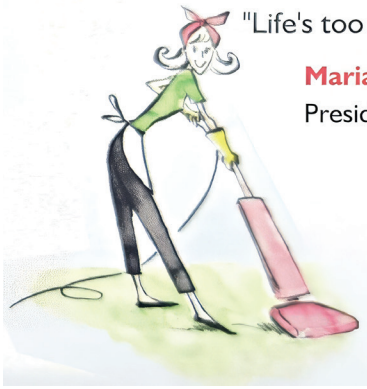
Friday, October 9, 2026, and Saturday, October 10, 2026

Scan to access the Signup Genius

Email questions to mca.feed.ffp@gmail.com

SMART SET CORP.

"Life's too short - let us do the cleaning!!"

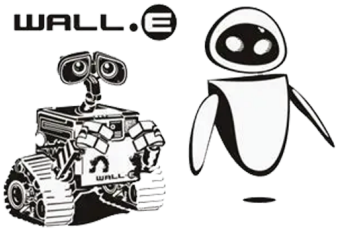


Maria Barreda
President

4213 Mayport Lane
Fairfax, VA 22033

(703) 378-4059
Cell: (703) 856-2512
MariaSmartcleaning@gmail.com

FCE/Middleridge COMMUNITY MOVIE NIGHT



★ SATURDAY, OCTOBER 10, 2026 ★
RAIN DATE: OCTOBER 11

★ 7:30 PM @ FCE POOL PARKING LOT ★
5601 SNOWY OWL DR., FAIRFAX, VA 22032

Free admission and refreshments for FCE/Middleridge Residents

ONLINE Piano LESSONS

Live Private and GroupLessons
From the comfort of your home

The Melody House Music Studio

www.TheMelodyHouse.com
CarrollMcCarthy@TheMelodyHouse.com
703-200-0598

Middleridge and Fairfax Club Estates DUMPSTER and Donation Day

- for all those yard sale items not sold...

On Saturday, **October 17th from 8AM until 12PM**, or when dumpsters are full, Middleridge and Fairfax Club Estates are hosting our annual Dumpster and Donation Day.

Drop off will be at the Fairfax Club Estates Pool parking lot off Snowy Owl Drive.

This event is only for residents of Middleridge & Fairfax Club Estates..

The DONATION option is from 9:00AM until 11:00AM (please see the other flyer for details).

Finally, **we are always looking for folks to volunteer some time to support this event**, and if any students are looking for service hours (teenagers only) would greatly appreciate the support - donuts and coffee provided! Please contact John Bayer at mca.jmbayer@gmail.com

For Dumpsters following are **items we CAN accept:**

- wood, metal, plastic
- cardboard, paper (files)
- limited yard waste (NOT large amounts)
- microwave/toaster ovens & small kitchen appliances
- limited amounts of construction & demolition debris (not contaminated)
- furniture (inside or outside); box springs are ok

For Donation what **we NEED**:

- Clothing, shoes, books, toys
- Kitchenware / small appliances
- Blankets, bedding & bath items
- Eyeglasses and luggage
- Area rugs (6x9 or smaller)
- Sporting goods,
- Unopened cosmetics/toiletries

Pack all items securely into bags or boxes

We CANNOT accept following items:

- no hazardous waste (to include: oil / oil filters, fuel, paint, antifreeze, batteries, light bulbs (fluorescent/LED/filament), medical waste, asbestos materials, etc...)
- **no creosote material** (light/telephone poles, railroad ties, etc...).
- no computers, printers, monitors, or stereo related equipment.
- no appliances (white products) or A/C units
- no tires; no dead animals; **no glass**
- no fuel / propane tanks or drums
- no recyclables
- no food items
- **no mattresses**
- no patio pavers / blocks
- no drugs or Pharmaceuticals
- **no soil / dirt, or concrete**

However, MANY of the above cannot accept items ARE ACCEPTED at the Fairfax County Drop Off Centers at I-66 and I-95 locations.

Please verify at: https://www.fairfaxcounty.gov/publicworks/recycling-trash/residential-materials

Trick or Treat Tips - Have FUN but be SAFE!

- Plan the route and be sure your kids know the plan.
- Stick to sidewalks and use crosswalks. Remind kids to look both sides before crossing.
- Add reflective elements to your kids costumes, especially the ninjas dressed in all black, or encourage them to wear glowsticks.
- Remind kids that moderation is key when consuming their treats. Enjoy.

Middleridge
2026

HALLOWEEN

Home Decorating
Contest
October 25

Judges meet at 6:30
Judging 7-9

Join us for the annual

MCA/FCE

SPOOK
tacular

PARADE
AND
PARTY

October 24, 4:00 PM

Top o' Broadwater Dr
and James Halley Dr

SEASONS CHANGE.
SO HAS THE REAL ESTATE MARKET.

Your strategy should change with it.

Today's buyers are more selective, homes are taking longer to sell, and accurate pricing matters more than ever. With more than two decades of top-producing experience and deep roots in Middleridge, we know how to position your home for today's market, not yesterday's.

Thinking about selling?
Let's talk before you make your next move.

Catie & Steve

Cell: 703.362.2591
Office: 703-425-8000
CatieandSteve@CallCatie.com
CallCatie.com
Licensed in VA & NC

LONG & FOSTER®
REAL ESTATE

If your home is currently represented by a broker, this is not a solicitation of that listing.

REALTOR® EQUAL HOUSING OPPORTUNITY

2027 MCA Membership Drive has begun!

For only $30 per year, you make it possible for our volunteers to add so much to the life of our community, our home values, and our well-being! All current 2025 memberships will expire December 31st, and we are now accepting applications for 2026 memberships.

WHY SHOULD YOU CONTINUE TO BE A MEMBER OF THE CIVIC ASSOCIATION?

There are a lot of great places to live, but Middleridge is certainly one that is sought after by many—and for good reason! Our neighborhood is beautiful and boasts a wonderful sense of community fueled by our MCA events. Your continued $30 membership fee will help the MCA pay for events and activities running from January 1 through December 31, 2027.

And while everyone in our community benefits from the MCA, there are some exclusive benefits for members. Only MCA members are added to the community email distribution list (a great place to ask questions), receive a printed neighborhood directory, can use the dumpster provided in the Fall, and gain access to the membership portion of our website.

ADVERTISING RATES

	Non-member	MCA Member *
Full Page	$130	$90
1/2 Page	$72	$46
1/4 Page	$46	$33
1/8 Page	$33	$20

**2026 MCA Membership paid*

Note: The Jan/Feb, and July/Aug newsletters will be combined; so, a full year = rate x 10.

Pay via PayPal or make checks payable to:

Middleridge Civic Association
P.O. Box 208
Fairfax Station, VA 22039

Deadline: Content is due by the **20th** of the month prior to the issue

Format: For advertisement formatting and size requirements, email a request for the current specifications.

Questions? Editor@middleridgeffx.org

MIDDLERIDGE CIVIC ASSOCIATION

EXECUTIVE BOARD

President	*Eric Burley*	president@middleridgeffx.org
Vice President	*Marie Morris*	vicepresident@middleridgeffx.org
Secretary	*Ashley Campana*	secretary@middleridgeffx.org
Treasurer	*Niamh Minus*	treasurer@middleridgeffx.org

CONTACTS

Webmaster	*Joe Landry*	webmaster@middleridgeffx.org
Newsletter Editor	*Kati Engel*	editor@middleridgeffx.org
Membership	*Jessica & Greg Summer*	membership@middleridgeffx.org
Welcoming Chair	*Smitha Vasudevan and Cathy Rabbit*	welcoming@middleridgeffx.org
Facebook	*Ashley Campana*	editor_FB@middleridgeffx.org
MCA Caring Community	*Maryn Simon*	mcc@middleridgeffx.org

OTHER POCS

Neighborhood Watch — *Brahma Koodallur*
Newsletter Distribution — *Maureen Campbell*

WHERE TO FIND US

MAILING ADDRESS

P.O. Box 208
Fairfax Station, VA 22039

Visit us on the web:
https://middleridgeffx.org/

Facebook.com/middleridgecivicassociation/

nextdoor.com/invite/ysenpwqmjmzcjjtuwyfh

Access neighborhood news, local events, and much more on our mobile app.

Available on the App Store

GET IT ON Google Play

January 1, 2027 – December 31, 2027 (Year 2027)
Middleridge Civic Association Membership Form

• I am a New Resident (Last 6 months) _____ is a military veteran

Street Address_____

Name: Last: _____ Spouse's Last: _____

First: _____ First: _____

Email: _____ Email: _____

Phone: _____ Phone: _____

COMMUNITY DIRECTORY INFORMATION

Only Members are Listed and Receive Directories; applications **must be received by Dec. 31st to be included.**

If Left Blank; **Yes** will be assumed

List **NAME and ADDRESS** in the directory? Yes No List **TELEPHONE NUMBER(s)** in the directory? Yes No

List **EMAIL(s)** in the directory? Yes No

COMMUNITY ACTIVITY: Do you want to receive all MCA Notices and Email Exchange notifications? Yes No

If Left Blank; Yes will be assumed. If Yes, please be sure your email address is listed above.

ASSOCIATION ACTIVITIES: Please indicate your interests to serve by CIRCLING activities below.

- **Membership and Communication** *(See Middleridge website for specific volunteer job descriptions)*

  Board Member Yes Section Leader Yes Block Captain Yes
  Newsletter writer Yes Welcoming Yes Other _____

- **Neighborhood Watch**: Willing to patrol the community (1-2 nights yearly) Yes

- **Community Activity Planning**:

  Halloween Parade Yes Yard Sale Yes Park Cleanup Yes Pet Parade Yes
  National Night Out Yes Movie Night Yes Feed the First Responders Yes Dumpster Day Yes
  Home/Garden Tour Yes Easter Egg Hunt Yes Valentines for Veterans Yes

- **High School Seniors** (for Scholarship and All Night Grad Party purposes)**:**

  Does your household have high school senior(s)? Yes No **(Please indicate school and number of students below)**
  Robinson __ Thomas Jefferson __ Home School __ Other School _____
  School Name

- **If you have children interested in advertising in the directory**, please list them and circle the appropriate code(s):

  1= babysitting 2= pet care 3= yard work 4= snow removal 5= babysitting and can drive

  Name: _____ Age____ Code 1 2 3 4 5

  Name: _____ Age____ Code 1 2 3 4 5

NOTICE: *By attending an MCA activity or event, adults and children consent to being photographed and published.*

MEMBERSHIP FEES……	**$30.00**
Community Scholarship Fund donation	$_____
All Night "Drug and Alcohol Free" High School Graduation Party donation	$_____
Extra Directory ($2 each)	$_____
Donation for future Repair/Replacement of Entrance Sign(s)	$_____
General Donation	$_____
Total Fees and Contributions:	$_____

Please make your check payable to "*Middleridge Civic Association*"

Please forward this form and the total fees **by Dec. 31st** to your block captain or mail to:
Membership, Middleridge Civic Association, P.O. Box 208, Fairfax Station, VA 22039

For Official Use Only: Received By: _____Received Date: _____ € Cash or Check# _____